

SALMON, CEDAR, CANOE:

Stewards of the Ecosystems

sčədadx^w, ʃpaʏ, ɔil'bid:

dx^wstiʃiʃdx^w ?ə tə swatix^wtəd



Name : _____

sda?

Teacher: _____

dx^wsg^walčšid



sx^wdaʔdəb: A Place to Gather Your Spirit Powers

Welcome to sx^wdaʔdəb (pronounced "swh-dah-dub")! This place is one of the many traditional and ancestral lands of the Nisqually Tribe or sq^waliʔabš (Squally-absh), who are still active stewards of the area today.

Their traditional lands spread as far as you can see, and all the way up towards Mt. Rainier, or təq^wuʔmaʔ (pronounced "tuh-quo-ma"). They had camps from the mountain to the sea, following the seasonal rounds of berries, game, salmon, and seafood.

sx^wdaʔdəb means "a place to gather your spirit powers" and was named for the village that used to stand at this very spot! Now this place is the home of the tribe's Culture Center, as well as the tribe's Traditional Food & Medicine Garden, where dozens of native plant species are grown.

NISQUALLY
COMMUNITY GARDEN
sx^wdaʔdəb



Table of Contents

You might not attend each station (A1-B3) in the order they are listed here, so flip to each station's page when you get there!

Station Map 3
sʰalidup səsʰal ʔə tə swatix^wtəd

Scavenger Hunt (The Awareness Game)(optional) 4
səshayalbutil suč^aʔa

(A1) Salmon: Smell Your Way Home Game 5
sčədadx^w: subudəx^w t(i) adlətuk^wəx^w suč^aʔa

(A2) Cedar: Tree of Life 6
ʰpəy^ʔ: ʰpəy^ʔac ʔə tə səshəliʔ

(A3) Canoe: Nisqually Tribal Stories 7-8
qilʔbid: sɔ^waliʔabš sʰwiʔab

(B1) Salmon Dissection 9-10
sčədadx^w sk^wič^təb

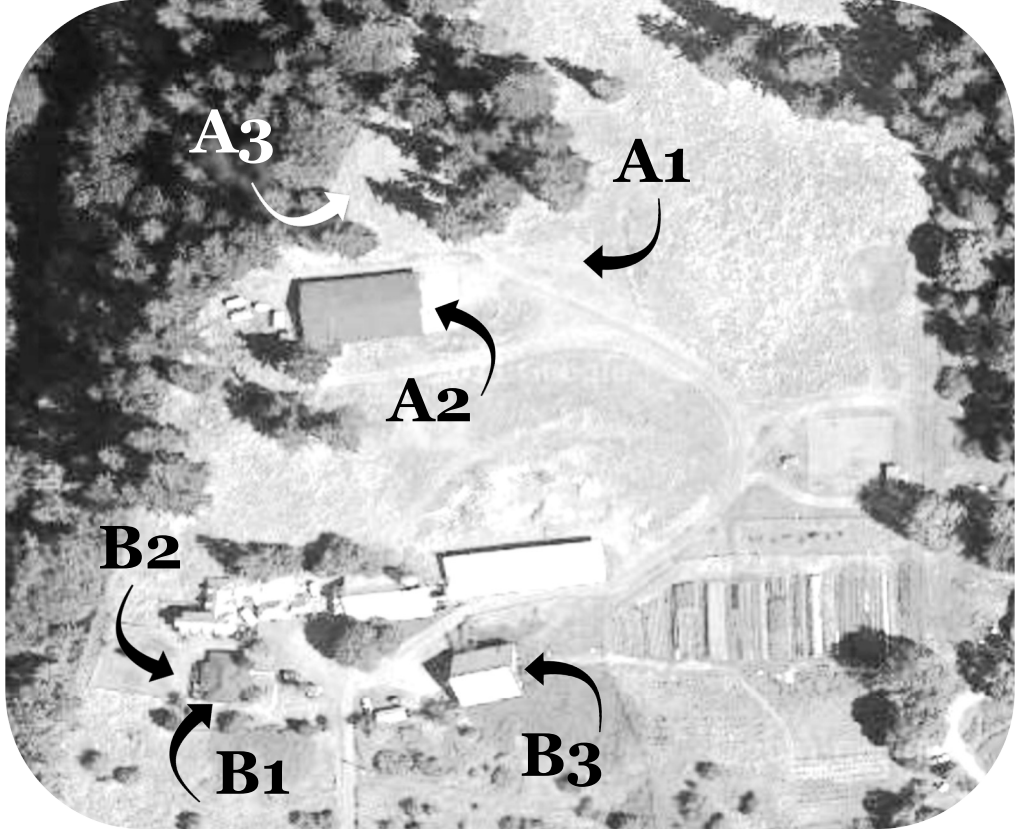
(B2) Streambugs 11-12
titulək^w d^zid^zg^wəʔ

(B3) Blueberry Patch Service Learning 13
swədaʔxidup sk^wax^wad ʔuhaytx^w

Salmon Life Cycle Diagram (optional) 14
sčədadx^w səshəliʔ d^zalad səsʰal

Station Map

sʰalidup səsʰal ʔə tə swatix^wtəd



My Stations







dsʰalʰalidup

Rotation 1:	
Rotation 2:	
Rotation 3:	
Rotation 4:	

Scavenger Hunt (The Awareness Game)

səshayalbutil suč'a?ə

How many species can you find throughout the day? Tally your findings, and record the observation type (S: see, H: hear, E: evidence)!

Species	Observation Type	Tally
 <p>Nettle sčədʒx̣</p>	<input type="text"/>	<input type="text"/>
 <p>Bald Eagle yəx̣wuləʔ</p>	<input type="text"/>	<input type="text"/>
 <p>Red-Tailed Hawk sḳwəq̣iq</p>	<input type="text"/>	<input type="text"/>
 <p>Cedar x̣pəỵ</p>	<input type="text"/>	<input type="text"/>
 <p>Bee x̣wəsəbəd</p>	<input type="text"/>	<input type="text"/>
 <p>Snag p̣iqəl</p>	<input type="text"/>	<input type="text"/>
 <p>Western Sword Fern ṣx̣əx̣əlč</p>	<input type="text"/>	<input type="text"/>
<p>Other:</p>	<input type="text"/>	<input type="text"/>

Salmon: Smell Your Way Home

sčədadx^w: subudəx^w t(i) adlətuł^wəx^w

Field by longhouse (A1)

At this station, you will play the “Smell Your Way Home Game” and explore how salmon use their sense of smell to return to freshwater to spawn. Use the space below to write down any thoughts you have:



Bigleaf Maple *Willingness*



What changes am I willing to make to better support salmon/the environment?

Cedar: Tree of Life

ḡpaʔ: ḡpaʔac ʔə tə səshəliʔ

Inside Longhouse (A2)

At this station, you will hear stories about family and fishing from a Nisqually Tribal member while creating something out of cedar. Use the space below to write down any of your questions or thoughts:



Cedar *Kindness & Generosity*



What does it look like to be kind and gentle?

Canoe: Nisqually Tribal Stories

q̄il'bid: s̄q̄^wali?abš s̄x̄^wi?ab

Outback and trail (A3)

At this station, you will hear stories about the Delta from a Nisqually Tribal member and explore a tribal canoe. Use the space below to write down any questions or thoughts you have at this station:



Nettle *Building Inner Strength*



How can being present in my body help me build inner strength?

Canoe: Nisqually Tribal Stories (continued)

q̄il'bid: s̄q̄^wali?abš s̄x̄^{wi}?ab

Outback and trail (A3)

Find a place to sit, far apart from your classmates but close enough to see the instructor. You are going to use this time to quietly observe your surroundings, and potentially see things you didn't notice before.

Date: _____

Time: _____

Location: _____

Weather: _____

Observations/Sound Map

Salmon Dissection

sčədadx^w sk^wičtəb

House Side Yard (B1)

At this station, you will listen to a salmon story & investigate the inside and outside of a salmon. Use the space below to write down any questions or thoughts you may have at this station:

Douglas Fir *Adapt*



What helps me adapt to challenging situations?
How can I be resilient in times of change?

Salmon Dissection (continued)

sčədadx^w sk^wičtəb

House Side Yard (B1)

During the dissection, draw in the parts you found most interesting and **label** them with the parts' **name** and **function**.



Streambugs

titulək^w dʒidʒg^{wə}?

House Back Deck (B2)

At this station, you will participate in Benthics Bingo, and discuss why benthics are so important to our ecosystems.

Use the space below to write down any questions or thoughts you may have at this station:

Alder

Build Community

How is uniqueness important in community building? What can I learn from those who are different than me?



Streambugs (continued)

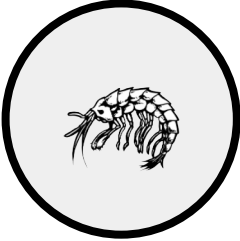
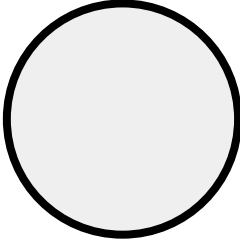
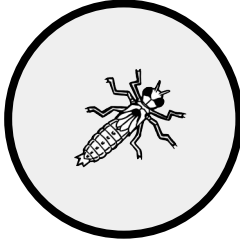
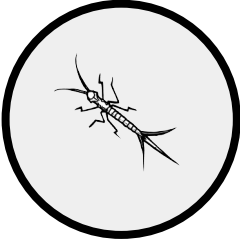

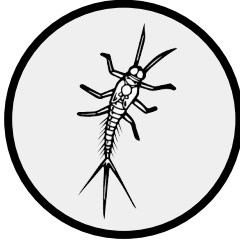

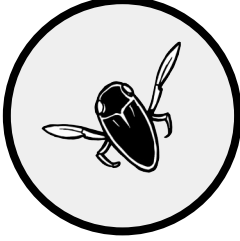
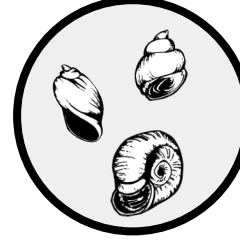
titulək^w dʒidʒg^wə?

House Back Deck (B2)

Benthic Bingo

Cross out each type of Benthic Macroinvertebrate you find!

Can you cross out 3 in a row?

<p>Scud</p> 	<p>Other: _____</p> 	<p>Dragonfly</p> 
<p>Damselfly</p> 	<p>Free Space!</p> 	<p>Mayfly</p> 
<p>Caddisfly</p> 	<p>Water Boatman</p> 	<p>Snail</p> 

Blueberry Patch Service Learning

wədaʔxidup sk^wax^wad ʔuhaytx^w

Barn & Garden (B3)

Roll up your sleeves and prepare for service learning in the garden! Help your community by weeding and caring for the blueberry patch. Use the space below to write down any questions or thoughts you have at this station:

Plantain *Self-soothe*



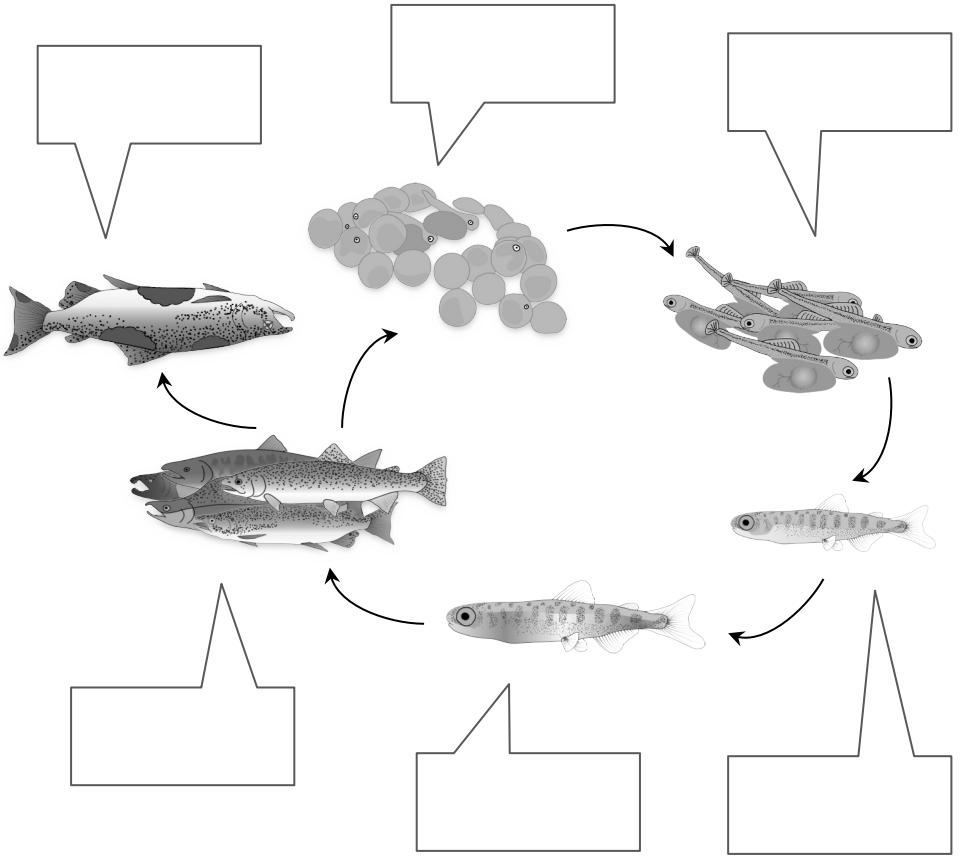
How can self-soothing benefit myself and my community? What are some techniques I can use to soothe myself?



Salmon Life Cycle

sčədadx^w səshəli? dʒalad səsxəl

Now that you have completed each station, fill in the salmon life cycle with the name of each stage.



Which stage do you think is the most interesting?
Why?

**Thanks for
joining us!**

**ṭig^witubicid dx^w?al
səsq^wu?bidčəṭ**

Thank you to our partners:

ṭig^witubutəd ti sḡ^wu?ḡ^wu?čəṭ



NISQUALLY INDIAN TRIBE



South Sound
GREEN

