

Supplemental Group Activities for Water Quality Monitoring Field Trip

- Look for signs of animal habitats and record your observations in your journal
- List all of the species of plants and trees that you can observe and identify.
- Imagine that you are a Native American in this location before white settlers arrived; record your thoughts, feelings, imagined observations, and ideas about this land – use descriptive language.
- Start writing a creative myth about this area or its inhabitants (salmon, deer, ravens, wildcats, etc.)
- Write a journal entry that a young boy or girl settler who has just arrived in this new territory might write—imagine his/her adventures, fears, observations, etc.
- Stop, sit down, and sketch carefully what you see—pick a special tree or plant.
- Take notes in your journal from an interpretive sign post.
- Have your group sit silently in a spot with their eyes closed for 3-5 minutes, and then record in their journals all of the sounds that they heard.
- Describe and list all of the different colors of green that you can see.
- Take a rubbing from an old tree...then write about that tree.
- Write a poem about your hike through these woods.
- Try to determine the height of any tree...the tallest tree...
- Pretend to be a salmon returning to these waters to eventually spawn; write about your experiences or thoughts.
- Write a journal entry telling why it is important to have places like parks to be in nature.
- Describe in careful detail a bird that you observed or spotted.